

Location	Catholic Crosscultural Services PEEL REGION: 3660 Hurontario Street, #700, Mississauga, ON L5B 3C4
Accessibility	Designated parking at entrance ; Barrier-free washroom including door and stall
Phone	905-273-4140
Fax	905-273-4176
Website	www.cathcrosscultural.org
Hours	Mondays, Thursday and Friday: 9 am-5 pm; Tuesday, Wednesday: 9 am-8 pm
Eligibility	Permanent Resident, Convention Refugee, Live-In Caregivers
Application	Call or drop in
Languages	English, Arabic, Cantonese, Farsi, Gujarati, Hindi, Korean, Mandarin, Polish, Portuguese, Russian, Spanish, Tagalog, Urdu, Nepali,
Fees	Free
Services Available	<p>Settlement services available include: Individual assessment of newcomer's settlement needs and development of a detailed settlement plan; workshops and making connections with available community services in the areas of health, housing, education, childcare, employment, finance, immigration, post-secondary education, language learning and legal supports; help with understanding and completing government forms and applications; connection with community and volunteer opportunities; seasonal income tax clinic; monthly Service Canada clinic to assist newcomers and families with OAS, GIS, CPP, CPP disability and survival benefits; weekly English conversation Circle.</p> <p>Syrian Refugee Settlement Services: provides a full range of settlement services in Arabic tailored to the needs of Syrian newcomers.</p> <p>Women Support Services: confidential counselling services to assist newcomer women and their children who have, or are, experiencing domestic abuse through individual and group services: short-term, goal focused counselling including the development of transition and safety strategies and information on your rights and options; crisis and support counselling to assist individuals seeking immediate assistance; linking women to appropriate services in the community that address legal, housing, financial and long term counselling needs.</p> <p>Newcomer Mental Health and Arabic Crisis Intervention programs offers cultural and language specific counselling to newcomer individuals, couples and families. Through individual counselling and educational workshops, newcomers receive the support and tools needed to manage the challenges of stress, anxiety, depression, substance abuse, parenting, family conflict, trauma and other life transitions.</p>